



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHALLENGE YOUR LIMITS

20/60 Challenge CROSSROADS YMCA

Stay active, try new things and meet new people. Attend 20 land or aquatic group fitness classes in 60 days and be entered into a drawing for one month free membership! Pick up a tracking form in the wellness center or aerobics studio.

- Limit one class per day.
- Check app or website for class schedules at all branches.
- Can complete up to two forms.

WHEN: Program runs February 1–April 1



GRIFFITH FAMILY YMCA
201 N. Griffith Blvd.
Griffith, IN 46319
219 750 1082
griffithymca.org

HAMMOND FAMILY YMCA
7322 Southeastern Ave.
Hammond, IN 46324
219 845 1507
hammondareaymca.org

SOUTHLAKE FAMILY YMCA
1450 S. Court St.
Crown Point, IN 46307
219 663 5810
slymca.org

WHITING FAMILY YMCA
1938 Clark St.
Whiting, IN 46394
219 370 5091
whitingymca.org